

# Palm Tocotrienol Rich Fraction May Help To Improve Cognitive Functions

富含棕榈生育三烯酚的成分有助于改善认知功能



**No Added Sugar & Fructose**  
Plant-Based Complete Nutrition  
马来西亚第一无添加糖 & 果糖  
植物性的全营养

**To Boost Brain Power**  
核桃补大脑



**with Turmeric Extract**  
马来西亚首创  
含100%姜黄萃取的全营养

**For Joint Health**  
姜黄补关节



**FOR DIABETICS**  
适合糖尿病患者



**LOW GLYCEMIC INDEX (LOW GI)**  
低血糖指数 (低 GI)



**VEGAN - & VEGETARIAN-FRIENDLY**  
适合素食主义者



**ANTI - INFLAMMATORY**  
抗炎



**IMPROVES DIGESTION**  
改善消化不良



**WEIGHT LOSS**  
减重效果



**1st In The World** Palm Tocotrienol Rich Fraction  
(sourced from DavosLife\* E3 DVP 30-WD)  
世界上第一个 富含棕榈生育三烯酚的成分

# Tocotrienol = T3 (Vitamin E) Prevention of Dementia 预防失智症

May improve cognitive function  
有助于改善认知功能

High in  
antioxidants  
高抗氧化

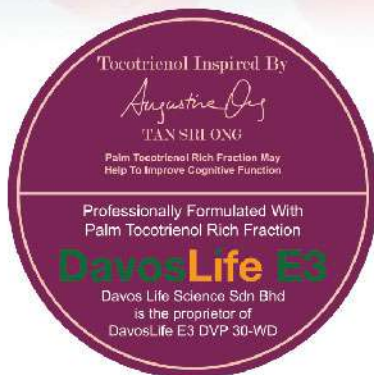
Anti-inflammatory  
抗炎

May lower  
cholesterol  
助于降低  
胆固醇

May provide  
neuroprotection  
助于神经  
保护作用



\*KLK OLEO Davos Life Science is the licensor and proprietor of the Davoslife E3 DVP 30-WD.







## FUN FACT

有趣的事实

Lupin plants help reduce farmers' use of artificial chemical fertilisers because they fix nitrogen in the soil.

羽扇豆有助于减少农民对人工化肥的使用，因为它们可以在土壤中固氮。

# LUPIN = SUPERFOOD

羽扇豆 = 超级食物

**3x** of your usual vitamin intakes  
您日常的维生素摄入量

WA LUPINS supported by the Government of Western Australia, The Department of Jobs, Tourism, Science and Innovation, Access Asia Business Grants program 2022.

西澳大利亚 羽扇豆 获得西澳大利亚政府就业、旅游、科学和创新部 2022 年进入亚洲商业补助计划的支持。

Our lupins really are a genuine sustainable **SUPERFOOD**.

我们的羽扇豆确实是真正可持续发展的超级食品。



High Protein  
More than Quinoa

蛋白质含量高于藜麦



High Iron  
More than Kale

含铁量比羽衣甘蓝高



High Fibre  
More dietary fibre than Oats

纤维含量高于燕麦



High Potassium  
More than Banana

钾含量比香蕉还高



Vegan  
素食主义者



Gluten Free  
无麸质



Non GMO  
非转基因



Negligible Starch  
微不足道的淀粉

Better Quality • Best Price

更好的质量 · 最好的价格

# 3 scoops for 9 benefits

## 3勺 9大好处



Palm Tocotrienol T3  
(Vitamin E)

棕榈生育三烯酚 T3  
(维生素E)



28 Vitamins & Minerals  
28 种维生素和矿物质



High in plant-based  
protein + HMB

富含植物性蛋白质 + 羟甲基丁酸



Omega 3 + CoQ10  
& zero cholesterol

欧米加3 + 辅酶Q10和零胆固醇



Vegetarian-friendly  
适合素食者



Calcium + Vitamin D  
钙 + 维生素D



Vitamin C 500mg  
维生素C 500 毫克



Lutein  
叶黄素



High in fibre +  
pre & probiotics  
高纤维 + 益生菌和益生菌







Palm Tocotrienol T3  
(Vitamin E)  
棕榈生育三烯酚 T3  
(维生素E)



28 Vitamins & Minerals  
28 种维生素和矿物质



CaHMB  
High in Protein  
β-羟基-β-甲基丁酸钙  
蛋白质含量高



Vitamin B1, B2, B6,  
B12 & K1  
维生素 B1、B2、B6、B12 和 K1



CoQ10 & Omega-3  
辅酶Q10 & 欧米加3



Collagen  
胶原蛋白



High in Calcium &  
Zero Cholesterol  
高钙和零胆固醇



Vitamin A, C, D & E  
维生素 A、C、D 和 E



Pre & Probiotics  
High in Fibre & Inulin  
益生元和益生菌  
高纤维和菊粉



Lutein  
叶黄素



Colostrum  
初乳

Better Quality • Best Price  
更好的质量 • 最好的价格

4 scoops for  
11 benefits  
4勺 11大好处



**In addition, both milk powders have the following common benefits:**  
**除此之外，两款奶粉的共同点及好处：**



**Strengthens the Musculoskeletal**  
**强化肌肉骨骼**



**Lutein Repairs Eyesight**  
**叶黄素修复眼睛视力**



**High in Fibre**  
**高纤维**



**High in Protein**  
**高蛋白**



**Prebiotics + Probiotics (Healthy Gut)**  
**益生元 + 益生菌(蠕动肠胃)**



**OMEGA 3**  
**(Supports Normal Brain Function)**  
**欧米加3 (支持大脑功能)**



**CoQ10**  
**(Antioxidant + Boost Skin Collagen)**  
**辅酶Q10 (抗氧 + 皮肤胶原蛋白)**



**28 Vitamins + Minerals**  
**28种维生素 + 矿物质**



**High in Calcium + Vitamin C**  
**高钙 + 维生素C**



**Zero Cholesterol**  
**零胆固醇**



Recommended  
 2 servings per day  
**建议每日2份量**

**DIRECTION OF USE 使用方法**

①



195ml  
 lukewarm water  
**195毫升温水**

+



3 scoops (51g)

②



**DIRECTION OF USE 使用方法**

①



195ml  
 lukewarm water  
**195毫升温水**

+



4 scoops (56g)

②



Recommended  
 2 servings per day  
**建议每日2份量**



# What is the difference between the two milk powders?

## 两种奶粉的区别如下:

### High in plant-based protein.

非常高的植物蛋白。

### Walnuts are good for brains!

- may protect against Alzheimer's disease.

核桃特别补脑

- 可防止老年痴呆症。

### Low GI

- Stabilizes the blood sugar level, reduces the risk of cardiovascular disease and diabetes complications.

- The feeling of satiety lasts longer, making you less likely to be hungry.

减低血糖指数

- 易控血糖，降低心血管及糖尿病风险。  
- 饱腹感持续时间长，血糖波动小，更能控制食欲。

### Vitamin C 500mg enhances immunity.

维生素C 500mg 提高免疫力。

### Vegetarian-friendly

适合素食者。

### WA (Western Australia) Lupin

- the highest combinations of both protein and fibre.

澳大利亚西部 羽扇豆

- 蛋白质和纤维的最高组合。

### 100% turmeric extract

- anti-inflammatory and reduces joint pain.

添加100% 姜黄萃取

- 对身体发炎，关节有非常大的帮助。

### Collagen

- replenishes the nutrients needed by all skin layers.

胶原蛋白

- 补充皮肤各层所需的营养。

### Colostrum

- promotes normal cell growth, tissue repair and trauma healing.

初乳

- 能促进细胞正常生长，组织修复和外伤愈合。

### Vitamin B complex

- Eliminates fatigue and soreness.

维生素B群

- 消除身体疲劳和酸痛。

### Vitamin K1

- Increases bone metabolism, promotes heart health and contributes to blood clotting.

维生素K1

- 有助于血液凝固，也能促进骨骼的新陈代谢和心脏的健康。



yes sure Gold



## Are muscle mass important ? 肌肉量重要吗?

We often forget about muscles in our body. The fact is, there are **639 muscles** in the **human body**, which account for **30% to 40%** of the **body weight**. But do you know that you will lose these muscles with age? In fact, the rate of muscle loss increases as you age.

在身体各个部位中，肌肉是最容易忽略的，殊不知，人体肌肉大约有 639 块，可占体重的 30%~40%。但大家不要认为机体内的肌肉始终这么多，随着年龄的增长，肌肉流失速度会越来越快。



**2% - 4%**  
**MUSCLE**  
**LOSS**  
**PER YEAR**  
After age of 30  
30岁之后，肌肉质量  
每年减少2%-4%

Statistics have found that after the age of 60, the rate of muscle loss will reach about 30%, and the rate of muscle loss will be even faster after the age of 80, even reaching about 50%.

统计发现：60岁以后，肌肉流失速度还会达到30%左右，到80岁以上肌肉流失速度还会更快，甚至能够达到50%左右。



# Muscle = Mobility

肌肉 = 行动力

There are many benefits to the body [with muscle], and every movement in daily life depends on muscles.

身体 [有肌] 好处多多，日常生活中的一举一动，都要靠肌肉来完成。

Muscle is important regardless of age or gender. Focus on muscle mass, not only for body shape but also for health!

肌肉的重要性不分年龄与性别，重视肌肉质量，不只为身材也为健康！

How can YesSure's unique **No Added Sugar** formula help you?

YesSure独特的无添加糖均匀配方如何帮助您？

**yes**sure enhances the **7 Powers**

护好“七力”~ 养脑，养脚，养生。。。不养老



Joint Power  
补脚力



Brain Power  
健脑力



Gut Power  
吸收力



Eye Power  
护眼力



Immunity Power  
免疫力

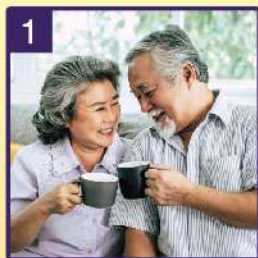


Physical Power  
强体力



Mobility Power  
行动力

# Highly Recommended for 推荐予



Elderly  
老年人



Those who are not able  
to consume solid food  
无法进食固体食物



Supplemental tube  
feedings  
补充管饲



Pre & Post-surgical  
patients  
手术前 & 手术后



Those who are  
recovering from illness  
正在康复的状况中



Senior citizens with  
restricted movement  
行动受限的长者



Those who want to slow  
down the rate of muscle loss  
想要减慢肌肉流失速度者



Those who are  
underweight or skinny fat  
体重过轻或瘦胖者



Those who are having  
digestive problems  
面对消化问题





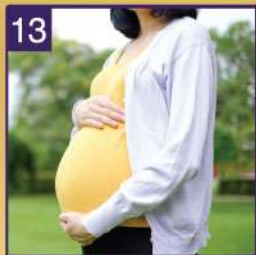
10  
Pre & Post-workout individuals  
锻炼前后



11  
Active adults looking for complete nutrition  
(with inadequate adequate calories intake)  
需要全营养(热量摄入不足)的活跃成年人



12  
Working person who are looking for proper diet & nutrition  
想要寻找均衡营养饮食的忙碌者



13  
Prenatal & Postnatal mothers  
产前&产后妈妈



14  
Complete nutrition for cancer patients before and after chemotherapy  
癌症患者化疗前后需要的完整营养



15  
Prediabetic or Diabetic  
糖尿病前期或糖尿病患者

If you have any concerns, kindly please seek professional advice from your doctor or community pharmacist.



如果您有任何疑问, 请向您的医生或社区药剂师寻求专业建议。

**YesSure PLANT-BASED (Low GI)**  
[most suitable for No. 13, 14 & 15]



- Not for intravenous use.  
不可用于静脉注射。
- Contains Vitamin K, Persons taking warfarin shall seek advice from a medical professional before consuming this product.  
含有维他命K。服用华法林的人士在食用本产品前应征询医学专业人士的意见。
- Not suitable for individuals with galactosemia.  
不适合半乳糖血症患者。

# Redeem **FREE SAMPLES**

**免费** 6天 试喝活动！  
实际感受 YesSure 效果



01124329887

NONOSUGAR  
last seen Today, 10.00

Name (名字):  
Age (年纪):  
Contact (电话):  
Address (住址):  
Email (电邮):

Why do you need adult milk powder?  
为什么您需要成人奶粉?  
09.55 ✓✓

*\*terms & conditions apply*  
*\*limited for 100 clients*



Recommended for those who have tried but are still dissatisfied with the various complete nutritional adult milk powders available on the market.

“用过许多全营养成人奶粉都不满意者的精选”

## Join YesSure **REVIEWS** competition and **WIN**

1 x Top Prize : RM300 worth of products  
5 x Runner-Up Prizes : RM200 worth of products

- Like & Follow nonosugar on Facebook, Instagram & YouTube.
- Post the VIDEO or PIC about **YesSure** on your FB & Instagram and write the review about it. Tag 5 friends & Tag nonosugar too!!
- The review with the **MOST LIKES** will win the Top Prize.

The competition will end at **11:59PM @ 12/12/2023**

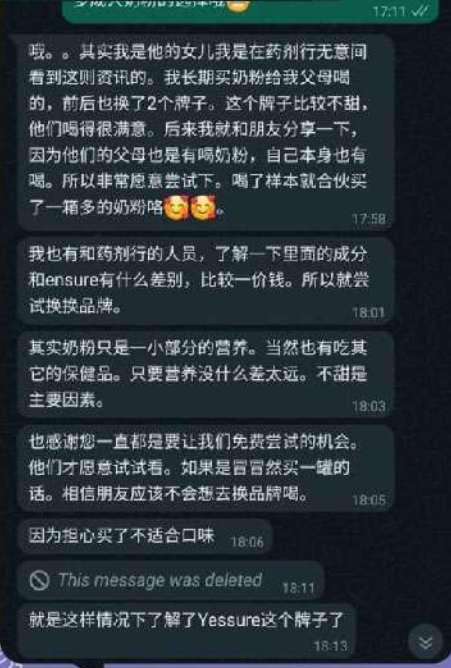
## 参加 YesSure 产品评论竞赛并获取以下奖品

1 x 首奖: 价值 RM300 的产品  
5 x 优秀奖: 价值 RM200 的产品

- 在 Facebook, Instagram 和 YouTube 上点赞并关注 nonosugar.
- 在您的 FB 和 Instagram 上发布有关 **YesSure** 的视频或图片, 并撰写评论. 标记 5 个朋友并标记 nonosugar !!
- 获得**最多赞**的评论将赢得首奖.

比赛将于 **12/12/2023 @ 11:59PM** 结束





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!

To REDEEM Your



Kindly please contact  
请联系此号码以兑换您的奖品

: 011-24329887

# yes sure 6 TOP DEALERS

## 强经销商

66 YEARS OLD

45 YEARS OLD

89 YEARS OLD

Hari Merdeka 31 Ogos 1957 - 31 Ogos 2023

DONG FOONG 1978 1 April 1978 - 1 April 2023

TOCOTRIENOL INSPIRED BY FATHER OF PALM OIL 棕油之父 TAN SRI ONG 1976

www.tansriong.com www.nonosugar.com.my www.dongfoong1978.com

\*KLK OLEO Davos Life Science is the licensor and proprietor of the Davoslife E3 DVP 30-WD.

FARMASI DF PHARMACY

KEDAI UBAT DONG FOONG 1978

Selamat Hari Malaysia

Kedai Ubat Dong Foong

SY FARMASI 爱康 药剂所

SY Pharmacy

THE ONE PHARMACY FARMASI 日康 药剂所

The One Pharmacy

LOVE LIFE FARMASI 药剂所 PHARMACY

Love Life Pharmacy

OLIVE PHARMACY FARMASI AFOTEK

Olive Pharmacy



Happy 90th Birthday!!  
Tan Sri Augustine Ong

九十大寿

松鹤延年



**1st In The World**

世界上第一个

**TS ONG TOCOTRIENOLS  
+ PROBIOTIC L PLANTARUM**

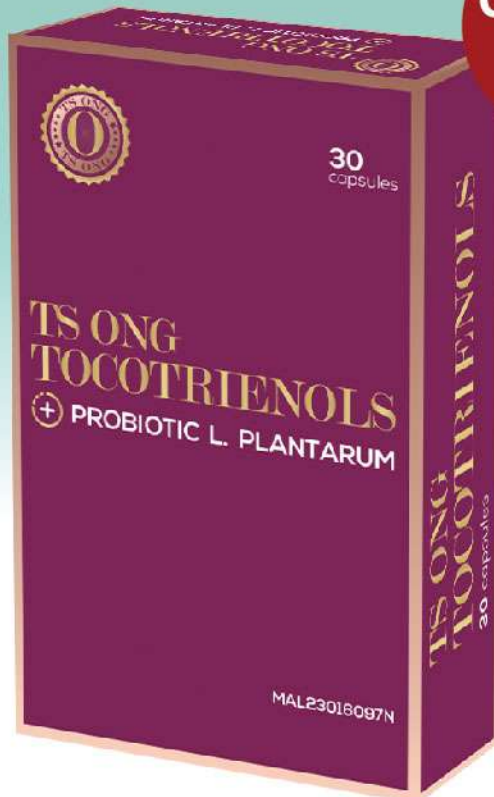
# Tocotrienol = T3 (Vitamin E)

## Prevention of Dementia & NAFLD

(NAFLD = Non-Alcoholic Fatty Liver Disease)

### 预防失智症和非酒精性脂肪肝

**COMING  
SOON**







**Malaysia** has been reported as the fattest country in Southeast Asia for quite a few years now. According to the National Health and Morbidity Survey 2019, 1 in 2 Malaysian adults is overweight or obese. This is worrying.

多年来，马来西亚一直被报道为东南亚最多肥胖者的国家。根据2019年全国健康和发病率调查，每2名马来西亚成年人中就有1名超重或肥胖。这确实令人担忧。

**NONOSUGAR** is a health tech company that is on a mission to helping the Asian consumers in reversing their health. Our aim is to turn sick-care into true healthcare. True healthcare is to care about your health when you are still healthy. When you are truly educated about your own health, then you will be able to extend your life span and health span. Together, we can all learn how to prevent ourselves from falling sick!

NONOSUGAR 是一家健康科技公司，其使命是帮助亚洲消费者逆转健康。我们的目标是将疾病护理变成真正的医疗保健。真正的医疗保健是在您还健康的时候必须先提早采取行动关心您的健康。当您真正了解自己的健康时，您将能够延长寿命和健康长寿。让我们一起学习如何做好最好的预防措施及迈向健康旅程！

## OUR VISION

### 我们的愿景

**To guide the Asian health-conscious consumers to learn, practice and share how to build a sustainable healthy lifestyle.**

引导亚洲有健康意识的消费者们一同学习、实践和分享如何建立可持续性的健康生活方式。

## OUR MISSION

### 我们的使命

**We are on a mission to build a health eco-system fo the community through our platform with a series of products and services that are combined with science and technology in Asia.**

我们的使命是通过平台为社区建立健康生态系统，提供一系列与亚洲科技科学相结合的产品和服务。



Jeff Kong 龚江峰

## MR. Jeff Kong, Pharmacist

B.Pharm (UniSA, Adelaide, South Australia)

龚江峰, 药剂师

中西合璧 业界美誉成翘楚

Founder & CEO, 创始人兼首席执行官

NONOSUGAR HEALTH TECH SDN BHD

Medical & Research Advisor,

Malaysian Chinese Medical Association

马来西亚中华医学会医学与研究顾问

Added sugar, which is the sugar found in sodas, sweets, and other processed foods, contributes to obesity, type 2 diabetes, heart disease, cancer, and tooth decay. To reverse our health, we should all Say NO to SUGAR. The first step is to avoid sugary drinks and focus on eating whole foods. A healthy lifestyle is also easier than you think – a low carb healthy fat and intermittent fasting are sustainable ways of living healthily for the rest of your life. Dr. Jason Fung recommends intermittent fasting and a low-carbohydrate or ketogenic diet to help people lose weight and manage diabetes. Fasting is when you restrict your intake of food and drink for a period of time. Let us start now!!

### 何谓添加糖?

添加糖是在加工或制备食品和饮料时添加到食品和饮料中的糖。日常生活中常见的白砂糖、绵白糖、红糖、玉米糖浆、葡萄糖浆及蜂蜜等都属于添加糖。这些添加糖主要用于生产常见的汽水、果汁、乳酸饮料等包装饮料以及甜点、糖果等食物，日常的烹饪、煮茶、制作果汁和糕点也会用到部分添加。

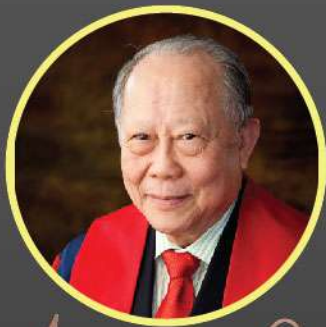
### 糖吃太多，会发生什么事?

过多糖分会对身体带来危害: 肥胖、糖尿病、胰腺功能失调、血液浓稠、脂肪肝疾病、癌症、降低骨质密度、皮肤疾病和牙酸蚀症、能量波动或情绪化等等。

#请别再狂喝含糖饮料

为了逆转我们的健康，我们必须向糖说不。最主要的是避免含糖饮料并多吃天然食物。其实要长期保持健康，一点都不难 ~ 低碳水化合物健康脂肪饮食法及间歇性禁食确实是非常棒的好方法。加拿大医生 Jason Fung，就是用轻断食配合低碳饮食，逆转了成千上万的糖尿病。拥有健康的身体，应该从一点一滴做起!





**Academician Tan Sri Emeritus Professor  
Datuk Dr Augustine Ong Soon Hock**  
丹斯里院士名誉教授拿督王顺福博士

**SCIENCE ADVISOR, 科学顾问**  
**NONOSUGAR HEALTH TECH SDN BHD**  
*Father of Malaysian Palm Oil*  
马来西亚棕榈油之父

*Augustine Ong*

When you cut added sugar or remove sugar from your diet, you need to replace it with good oils and healthy fats. Our body needs fat to help us absorb vitamin A, D and E. These vitamins are fat soluble, which means we can only absorb them with the help of fats. Healthy fats are polyunsaturated fats with a low omega-6: omega-3 ratio. A balanced consumption of omega-3 and omega-6 oils can benefit the cardiovascular system, skin, joints, hormonal balance, and emotional health. Also, never miss a chance to enjoy some fresh air and sunlight in the morning because that is free for your health!

当您从日常生活中的饮食及饮料减少糖分时，您需要用优质油脂和健康脂肪取而代。我们的身体需要脂肪来帮助吸收维生素 A、D 和 E 等等。这些维生素是脂溶性的，这意味着我们只能借助脂肪来吸收它们。健康脂肪是具有低 omega-6 : omega-3 比例的多不饱和脂肪。我们必须均衡摄入 omega-3 和 omega-6 油，因为这可以有益于心血管系统、皮肤、关节、荷尔蒙平衡和情绪健康。除此之外，千万别错过每天早上出去散散步，好好享受新鲜空气和阳光。早点起床，去聆听鸟儿的歌声，去闻闻野花的清香，去感受清风的吹拂和绿叶的沙沙声。去感受声音的美，色彩的美，味道的美，生命的美，大自然的美。

# Let's say NO to SUGAR

向糖说不

NO ADDED SUGAR

无添加糖

NO ADDED FRUCTOSE

无添加果糖

NO ADDED SUCROSE

无添加蔗糖

NO ISOMALTULOSE

不含异麦芽酮糖

GLUTEN FREE

不含麸质

LACTOSE FREE

不含乳糖

Exclusive Partner

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