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Preventing the Cytokine Storm 预防细胞因子风暴

NO ADDED SUGAR Reduce Swelling and Inflammation 減少肿胀和炎症



"COVID-19 cases are rising again and there's a new highly mutated variant cropping up around the world. It feels like we've been here before ...," the World Economic Forum said.

世界经济论坛表示: "COVID-19 病例再次上升, 世界各地出现了一种新的高度突变的变种。感觉上我们以前来过这里....."

Calming the cytokine storm in covid-19
平息COVID-19 中的
细胞因子风暴



SAY NONO TO SUGAR !! 向糖说 "不"

DRINK A MUMU STORM 喝一杯 MUMU STORM

Cytokine storms have entered the public view due to coronavirus.

Up until now, human research on cytokine storms still has a long way to go, but some of the previous studies had demonstrated that good control of blood glucose, avoid hypoglycemia or hyperglycemia among COVID-19 patients can reduce the risk of cytokines storms.

Moreover, studies showed that dysregulated glucose metabolism will increase the Susceptibility of coronavirus.

Therefore, think twice before any sugar consumption, for the sake of the health of you and your family members.

由于新冠肺炎病毒的影响,细胞因子风暴进入了公众的视野。

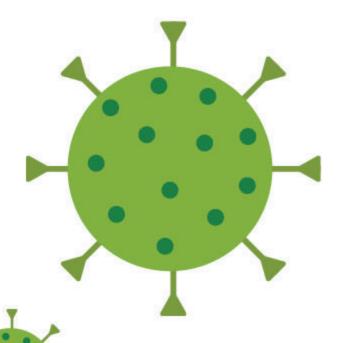
直至目前为止,人类对细胞因子风暴的研究还有很长的路要走,但之前的一些研究已经证明,在COVID-19患者中控制好血糖、避免低血糖或高血糖可以降低细胞因子风暴的风险。

此外,研究表明,葡萄糖代谢失调会增 加新冠肺炎的易感性。

因此,为了您和家人的健康,吃糖之前请三思。

COVID-19





Infection

is accompanied by an aggressive inflammatory response with the release of a large amount of pro-inflammatory cytokines in an event known as "cytokine storm." The host immune response to the SARS-CoV-2 virus is hyperactive resulting in an excessive inflammatory reaction.

COVID-19 感染伴随着侵袭性炎症反应,在称为"细胞因子风暴"的事件中释放大量促炎细胞因子。 宿主对 SARS-CoV-2 病毒的免疫反应过度活跃,导致过度的炎症反应。

The COVID-19 Cytokine Storm; What We Know So Far

到目前为止我们所知道的 COVID-19 细胞因子风暴

Although many patients of COVID-19 remain asymptomatic, some patients get pneumonia and 10% of cases require mechanical ventilation and ICU admission. Patients usually present with fever, dry cough, shortness of breath, headache, malaise, muscle, and bony aches. Less common symptoms include sore throat, confusion, productive cough, hemoptysis, diarrhea, nausea, and chest pain. Progression to pneumonia is documented by radiological findings and usually occurs 1-2 weeks after the beginning of the symptoms. Signs of pneumonia include decreased oxygen saturation, deterioration of blood gas, multi-focal glass ground opacities, patchy/segmental consolidation in chest X-ray or CT. Patients presenting late or deteriorating hospitalized patients usually suffer from acute respiratory distress syndrome (ARDS), acute respiratory failure, acute renal injury, and multi-organ failure.

尽管许多 COVID-19 患者仍无症状,但部分患者出现肺炎,10% 的病例需要呼吸辅助器和入住重症监护室(ICU)。 患者通常出现发烧、干咳、气短、头痛、不适、肌肉和骨痛。 不太常见的症状包括喉咙痛、精神错乱、咳嗽、 临见的症状包括喉咙痛。 放射学检查结果记录了肺炎的进展情况,通常发生在症状开始后的1-2 周。 肺炎的体征包括氧气饱和度下降、血气恶化、胸部 X 光或 CT 中出现多焦点磨砂玻璃般的混浊或斑片/节段性实变。 晚期或病情恶化的住院患者通常患有急性呼吸窘迫综合征(ARDS)、急性呼吸衰竭、急性肾损伤和多器官衰竭。



100%

Passion Fruit Extract 100% 百香果提取物

Passion fruit is rich in vitamin C, which is an antioxidant that helps protect the body from damage caused by free radicals.

百香果富含维生素C·它是一种抗氧 化剂·有助于保护身体免受自由基造成 的损害。

More Than Just Vitamin C 你需要的不仅仅是维生素 C



7 IN 1 MUMU STORM MUMU STORM 7合1维生素C



7 Days Protection 7天的保护



24hr+ Supplement's Immunity 24小时+ 补充免疫力

The first documented use of the term "cytokine storm," also referred to as hypercytokinemia, appears in a 1993 article discussing graft-versus-host disease. However, since 2000, cytokine storms have been referenced in various infectious diseases, which is why this term is most commonly used to describe an uncontrollable inflammatory response by the immune system.

In general, acute inflammation begins with five key symptoms including rubor, or redness, tumor, or swelling, calor, or heat, dolor, or pain and functio laesa, which translates from Latin into a loss of function.

Regardless of where the inflammation occurs, increased blood flow will typically follow these symptoms to allow plasma proteins and leukocytes to reach the sites of injury.

"细胞因子风暴"(也称为高细胞因子血症)这句词语首次使用记录出现在 1993 年讨论移植物抗宿主病的文章中。然而,自 2000年以来,细胞因子风暴已在各种传染病中被提及,这就是为什么该术语最常用于描述免疫系统无法控制的炎症反应。

一般来说, 急性炎症始于五种关键症状, 包括红肿、肿块、肿胀、发热、疼痛和 功能丧失(functio laesa), 拉丁语翻译 为功能丧失。

无论炎症发生在何处,这些症状通常都会导致血流量增加,从而使血浆蛋白和白细胞到达损伤部位。尽管这种细胞反应有利于宿主防御细菌感染,但它们通常以牺牲局部器官功能为代价。

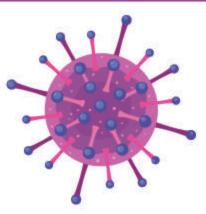
DRINK A MUMU STORM 喝一杯MUMU STORM



Calming the cytokine storm 平息细胞因子风暴

What are the risk factors for

Cytokine Release Syndrome?



Stress, obesity, diabetes, and hypertension foster proinflammatory environments and may constitute risk factors for severe cytokine release syndrome (CRS).

细胞因子释放综合征的危险因素有哪些?

压力、肥胖、糖尿病和高血压会促进促炎环境, 并可能构成严重细胞因子释放综合征 (CRS) 的 危险因素。



减少体内炎症最快的方法是什么?

- Load up on anti-inflammatory foods 多吃抗炎食物
- Cut sugar & control blood sugar 减少糖分并控制血糖
- **5** Build muscle 增加肌肉

- Cut back or eliminate inflammatory foods 少吃"促炎食物", 远离慢性病
- Make time to exercise 腾出时间锻炼身体
- Manage stress 压力管理,腾出时间来放松自己

What happens if your immune system is strong?

如果身体免疫系统很强的好处是什么?

A strong immune system is an indicator of good health. A healthy immune system is at the very core of helping to protect us from infections and illnesses, therefore ensuring that we don't fall ill. 强大的免疫系统是身体健康的指标。健康的免疫系统是帮助保护我们免受感染和疾病的核心,从而确保我们不会容易病倒。



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Vit C 1000mg

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Vitamin D3 1000iu 维生素D3



Turmeric Extract 姜黄萃



Passion Fruit Extract 百香果萃



N-Acetylcysteine NAC 200mg

Dance in the rain

MUMU STORM 雨中起舞,喝一杯

MUMU STORM





Storm is coming!!! 暴风雨来了



N-乙酰半胱氨酸



"Life isn't about waiting for the storm to pass. It's about learning how to dance in the rain." -Vivian Greene "生活不是等待暴风雨过去。而是学习如何 在风雨中起舞。" -维维安·格林

Nutrition information: Serving size: 5.55g (sachet)

	Per 100g	Per serving (5.55g)
Energy	337 kcal	18.7 kcal
Carbohydrates	82.2 g	4.6 g
- Added sugar*	0.0 g	0.0 g
Protein	2.1 g	0.1 g
Total fat	0.0 g	0.0 g
Dietary fibre	1.8 g	0.1 g
Vitamin C	18000 mg	1000 mg
Vitamin D3	18000 IU	1000 IU
Zinc	270 mg	15 mg
N-acetyl cysteine	3600 mg	200 mg
Lactobacillus rhamnosus GG	4.5 billion CFUs	250 million CFUs

*No added sucrose or fructose

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